

Stewardship: Life Management



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Organize for Optimism

*“But everything should be done in a fitting and orderly way”
(1 Corinthians 14:40, NIV).*

This booklet is designed to help you organize your life. It will not address every detail, but will draw your attention to the basics. Some of the questions are introspective, but they will help you look to the future. In a world of chaos, we have every reason to be filled with peace and optimism.

Work with these concepts. Failure to get organized is not an option. Some people love being organized, but for many, it is one of the most challenging tasks to accomplish. When it doesn't happen instantly, one can become discouraged. However, getting your life organized will help you manage all of the resources God has given you.

Are you ready? Let's get organized!



My Goals

“Commit your works to the Lord, and your thoughts will be established” (*Proverbs 16:3, NKJV*).

“Everyone should have his aims and purposes, and then make every thought and action of that character to accomplish that which he purposes. The thoughts must be controlled. There must be a fixedness of purpose to carry out that which you shall undertake” —Ellen G. White, *Mind, Character, and Personality*, vol. 2, p. 656.

A goal is an aim or desired result.

Set your goals within the context of your values. Short-term goals: 12 months or less. Long-term goals 12 months or more.

Example: Adventist education is a value; a goal is your aim or desired result to complete college debt-free.

Short-term Goals:

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Long-term Goals:

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My Treasure

*“For where your treasure is, there your heart will be also”
(Matthew 6:21, NIV).*

The most important part of managing your finances is to calculate the numbers on paper so you will have a clear picture of your financial situation. After being honest and generous with God, you will see that your income and expenses will be balanced as you increase assets and decrease liabilities.*

Income: (money received):

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Tithe:

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Offerings:

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Expenses (account for every penny):

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Assets (increase):

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Liabilities (decrease):

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* Go to www.nadstewardship.org and click on resources to download a detailed budget sheet.

My Temple

*“Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well”
(3 John 1:2, NIV).*

There are many diets, exercises, and general health plans. All of us have tried one at some time or another. Write a simple health plan that you will follow or use the principles of NEWSTART*. Set your goals, then add the details.

Nutrition:

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Exercise:

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Water:

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Sunlight:

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Temperance:

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Air:

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Rest:

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Trusts in God:

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*Go to www.newstartclub.org for free resources on those eight laws of health.



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North American Division