## **My Commitment**

- To set apart the first moments of each day to commune with the Lord through PRAYER and BIBLE STUDY. Other spiritual activities could include the Sabbath School lessons, Ellen White's writings, and Family Worship.
- To improve my RELATIONSHIPS by growing in faithfulness, forgiveness, and principled love.
- □ To establish or strengthen HEALTHY HABITS that will enable me to better serve the LORD.
- To spend time each week in SERVICE, spreading the good news to others through Bible studies, small groups, etc.
- To keep and enjoy the blessings of the SABBATH by preparing for it, honoring its boundaries and engaging in right thoughts and activities.
- To faithfully RETURN TITHE to the Lord (10 percent of my income).
- To dedicate a regular portion or percentage of my income as FREEWILL OFFERINGS and other meaningful GIFTS to the Lord.

